



Term 3

September 15, 2021

Issue 5

Dear Parents and Carers,

We are at the end of a very challenging term and I simply want to say:

Thank you for everything that you have

done to ensure that your child/ren have engaged in remote learning.

To the children of St John Vianney's:

Thank you for completing your work.

The teachers and I know that it hasn't been easy, but you have persevered and tried your hardest. We all look forward to welcoming you back to school when we are allowed to return. Have a well-deserved break!

.....
As previously advised, the NSW Government's plan is for a staggered return to school in Term 4 as follows:

- from **25th October (Week 4)** - **Kindergarten, Year 1**
- from **1st November (Week 5)** - **Years 2, 6 and 11**
- from **8th November (Week 6)** - **Years 3, 4 5, 7, 8, 9 and 10**

This is dependent on community transmission and vaccination rate requirements having been met.

Cameron Lievore
Principal

IMPORTANT INFORMATION & UPCOMING EVENTS

TERM 3

Remote Learning until end Week 10

TERM 4

All Students commence Term 4 on

Tuesday 5 October

Via remote learning

Newsletter available on Skool Bag App or subscribe through our School Website

17 Cameron Street
Doonside NSW 2767
Phone: 8869 6300
E: stjohnvianneys@parra.catholic.edu.au
W: www.stjohnvianneysdoonside.catholic.edu.au

RELIGIOUS EDUCATION NEWS

Week 10 - Mindfulness and Self Care

Last Thursday 9th September was R U Ok? Day. This day is dedicated to raising the awareness of the need to look out for those around us. To possibly notice those in our community or who we share our days with who are showing signs of not being ok.

This week at SJV we are putting aside some of our learning to turn our attention to learning about self-care, gratitude and how we can care for those around us.

No one can doubt that this term has been particularly challenging in many ways. This week we are acknowledging this effort, as well as taking time to look after ourselves: a crucial life-skill that is often neglected.

THANKFULNESS THURSDAY!

On Thursday, **infants classes** will consider what they can be grateful for in their lives, responding to this with activities such as making 'Thankyou cards'. Year 2 are making 'Happy' inspirational posters for classmates, as well as focusing on healthy minds and healthy bodies, with lessons on healthy foods, brain breaks and some movement and meditation activities.

A WEEK OF MINDFULNESS in STAGE 2!

Year 3 and Year 4 have a whole week of Mindfulness mapped out, considering themselves, their families, neighbours and the people around them. They will be reaching out to our Frontline Workers with either letters or a poster, creating a 'Window of Cheer' for their neighbours and people walking on the street, writing positive growth mindset messages to others, getting into some happy cooking as well as thinking about an Act of Kindness they can do towards their family members.

WELL BEING in STAGE 3

Essential Workers in the Community: Year 5 are focussing on our essential workers in the community. Each day they will be focussing on a particular group of essential workers such as Doctors , Nurses , Paramedics , Couriers /Truckdrivers and Supermarket Workers. Students are writing prayers, drawing and making posters of support to build up a Thankful Window Display for their homes.

Self-Care in Year 6: Across the week our Year 6 grade will focus on a range of activities to learn strategies for calming and self-awareness such as guided drawing, prayer and meditation, mindful zentangle artwork and calming breathing techniques.

MUSICAL WELLBEING

Mrs Stanley is sharing a range of music and songs to help elevate moods and inspire responses from our students. Students may even share their own favourite songs that 'heal'.

*You Lord, who knitted us in our mother's womb and who gives rest to the weary,
we ask now to bless us with the ability to come away with you and rest.*

*Lord in gratitude, thank you for all those
who share their gifts and abilities that are keeping us safe.*

We pray they find peace of mind and soul.

Lord, lift us up for Your blessings today.

*We pray that you will anoint us with strength and self care
today, tomorrow and always.*

Mr Simon Stennett
Religious Education Coordinator

On Saturday 21st August the *Saturday Telegraph* wrote a four page spread on the some great books to read and share. So I completed an old fashioned "cut and paste" to share with you their recommendations.

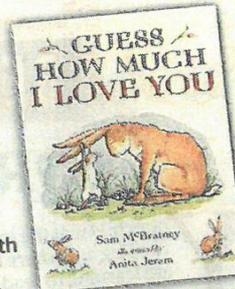
Happy Reading,
Mrs Kersivien

BEST fantastical reads

- **The Land Of Stories** series, by Chris Colfer: Fast-paced adventure series mixed with classic fairytales.
- **Charlie And The Chocolate Factory**, by Roald Dahl: A poor boy wins his golden ticket to the world of his dreams.
- **Nevermoor: The Trials Of Morrigan Crow**, by Jessica Townsend: A cursed girl escapes death and finds herself in a magical world.
- **The Hobbit**, by J.R.R. Tolkien: Timeless classic that takes us into the spectacular world of Middle-earth.
- **The Lion, The Witch And The Wardrobe**, by C.S. Lewis: Narnia is the land beyond the wardrobe door, a magical country waiting to be set free.
- **The Neverending Story**, by Michael Ende: Before the film was this epic story of imagination.
- **Charlotte's Web**, by E.B. White: A tender novel of friendship, love, life, and death.

BEST BOOKS for bedtime

- **Good Night, Sleep Tight**, by Mem Fox, Judy Horacek: Timeless nursery rhymes.
- **Guess How Much I Love You**, by Sam McBratney and Anita Jeram: Warm and fuzzy tale of a nutbrown hare.
- **Goodnight Moon**, by Margaret Wise Brown, Clement Hurd: A little bunny says goodnight.
- **Good Night, Gorilla**, by Peggy Rathmann: It's bedtime at the zoo.
- **Kissed By The moon**, by Alison Lester: Part poem, part lullaby, this gentle story celebrates a baby's wonder at our beautiful world.
- **The Sleepy Pebble And Other Bedtime Stories: Calming Tales To Read At Bedtime**, by Alice Gregory, Christy Kirkpatrick, Christy Grigg, Jon McNaught: Joint mindfulness activities for both parent and child.
- **Llama Llama Red Pajama** by Anna Dewdney: Mama Llama turns off the light but is everything all right? No!
- **Owl Babies**, by Martin Waddell, Patrick Benson: Comforting read for any toddler who has ever worried about mum leaving them alone.

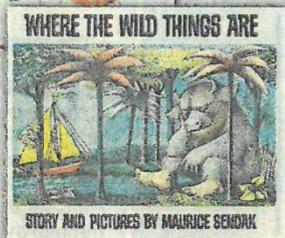
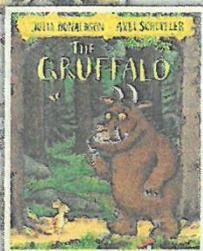




MOST BELOVED

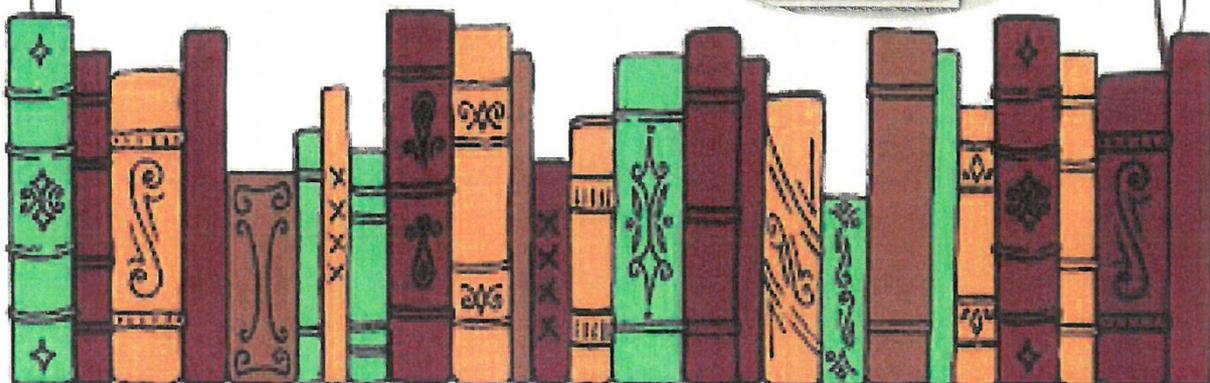
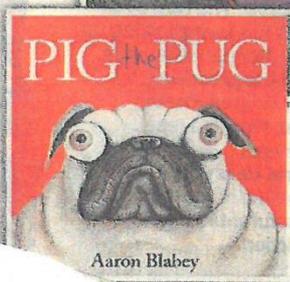
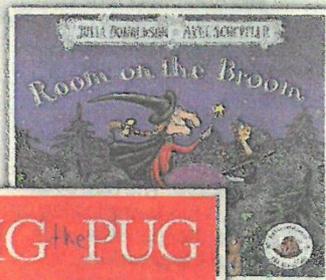
Picture Books

- **Possum Magic** by Mem Fox, Julie Vivas: Australian bush classic that rates as one of the most popular children's books of all time.
- **The Gruffalo** by Julia Donaldson, Alex Scheffler: An award-winning rhyming story of a mouse and a monster.
- **Hairy Maclary From Donaldson's Dairy** by Lynley Dodd: Hilarious rhyming classic of an adventurous dog.
- **We're Going On A Bear Hunt**, by Michael Rosen, Helen Oxenbury: For brave hunters and bear lovers.
- **Where The Wild Things Are**, by Maurice Sendak: Max is experiencing some big emotions and through his fantastical ride, learns to tame them.
- **The Tiger Who Came To Tea**, by Judith Kerr: The story of Sophie and her teatime guest has been loved by millions of children since it was first published more than 50 years ago.
- **Who Sank The Boat**, by Pamela Allen: Five animals go for a row. Children will love guessing who sank the boat.
- **The Tale Of Peter Rabbit**, by Beatrix Potter: Cheeky rabbit Peter disobeys his mother and runs amok in Mr McGregor's garden. Never goes out of fashion.



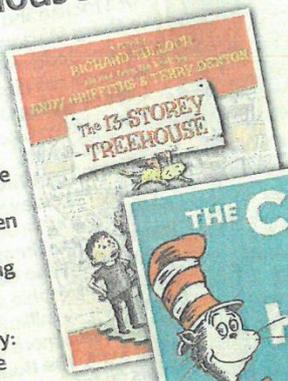
BEST BOOKS for learning life lessons with a laugh

- **Pig The Pug**, by Aaron Blabey: Greedy pug Pig is about to learn a big lesson about sharing.
- **Room On The Broom** by Julia Donaldson and Axel Scheffler: A kind witch and her cat invite all sorts of animals to share her broom.
- **The Very Cranky Bear** by Nick Bland: A wonderful rhythm and a joy to read.
- **Rudie Nudie** by Emma Quay: Two kids enjoy those nudie moments between bath and bed.



BEST hilarious stories

- **The 13-storey Treehouse**, by Andy Griffiths, Terry Denton: Irreverent book that started the phenomenon.
- **The Bad Guys** series, by Aaron Blabey: They sound like the Bad Guys, they look like the Bad Guys ... and they even smell like the Bad Guys.
- **Weirdo**, by Anh Do: Fitting in won't be easy but it will be funny!
- **Dog Man**, by Dave Pilkey: Part-dog, part-man, police officer, superhero but he's all fun.
- **The Day The Crayons Quit**, by Drew Daywalt, Oliver Jeffers: Duncan's crayons stage a rebellion.
- **Ella And Olivia** series, by Yvette Poshoglian, Danielle McDonald: Mischievous sisters are always cooking up fun.
- **Matilda**, by Roald Dahl: Extraordinary little girl with a magical mind.
- **The Cat In The Hat**, by Dr Seuss: A fun-loving talking cat causes utter pandemonium.
- **Pippi Longstocking**, by Astrid Lindgren: Daring, spirited, Pippi is a rebel for the ages.
- **Horrid Henry**, by Francesca Simon: One of the most successful antiheroes in kids' fiction.



BEST magical reads

- **The Magic Faraway Tree**, by Enid Blyton: A magic tree where magical beings live.
- **The Secret Garden** by Frances Hodgson Burnett: A lonely girl finds a secret garden.
- **Animalia**, by Graeme Base: Fantastical alphabetical journey through the animal kingdom.
- **A Bear Called Paddington**, by Michael Bond: The bear from darkest Peru continues to delight.
- **The BFG**, by Roald Dahl: A loveable giant mangles the English language.

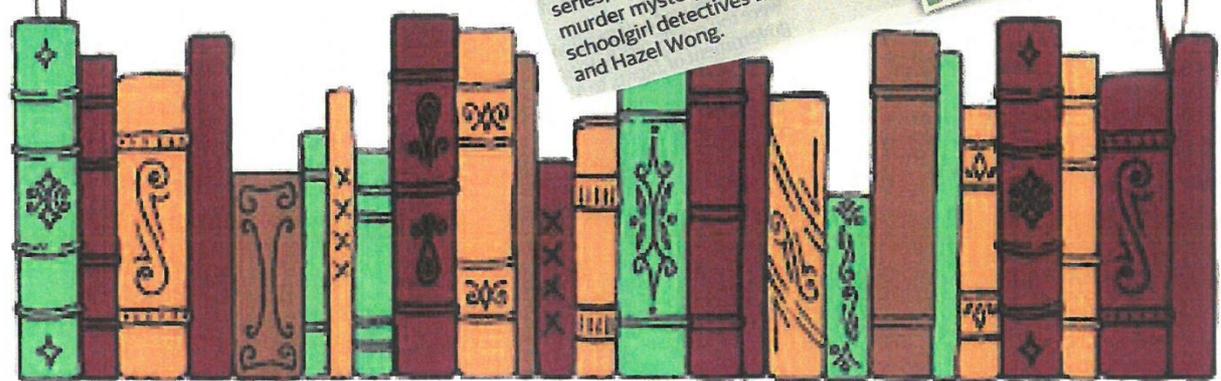
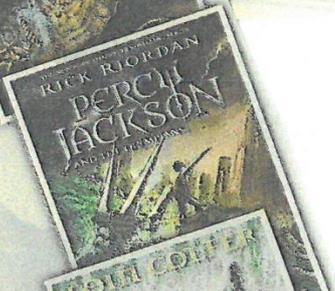


MOST inspiring books

- **The Invisible String**, by Patrice Karst, Joanne Lew-Vriethoff: Bestselling picture book about the unbreakable connections between loved ones.
- **Little People, Big Dreams** board books: Explore the lives of outstanding people, from designers and artists to scientists and activists.
- **Cicada**, by Shaun Tan: A cicada works in an office but not all the people appreciate him.
- **Goodnight Stories for Rebel Girls**, by Francesca Carvallo: Kid-friendly tales of extraordinary women.
- **Stuart Little**, by EB White: One small mouse on a very big adventure.

BEST action and mystery stories

- **Gangsta Granny**, by David Walliams: A story of prejudice and acceptance, funny lists and silly words.
- **The Famous Five**, by Enid Blyton: Julian, Dick, Anne, George and Timmy, the dog, embroil themselves in mystery after mystery.
- **How To Train Your Dragon**, by Cressida Cowell: Hiccup Haddock Horrendous III's rise to fame through his dragon-training exploits.
- **Artemis Fowl** series, by Eoin Colfer: An adrenaline-packed series described as "Die-Hard with fairies".
- **Percy Jackson** and **The Lightning Thief** series, by Rick Riordan: Mixes classic Greek mythology with modern adventure.
- **Murder Most Unladylike** series, by Robin Stevens: Thrilling murder mystery series, starring schoolgirl detectives Daisy Wells and Hazel Wong.





**Vicar General & Moderator of the Curia
Diocese of Parramatta**

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3 September 2021

Dear Brothers and Sisters in Christ,

Re: COVID-19 (Coronavirus) Update

Given the current debate on COVID-19 vaccines, the Diocese of Parramatta will be sharing information from the Catholic Church on this topic.

We have made available in 12 foreign languages the position of the Catholic Church – from the Holy Father to the Congregation for the Doctrine of the Faith – on COVID-19 vaccines. This information has been supplied via social media tiles you can share with your faith communities and for those whom English is a second language.

These tiles can be downloaded here: parracatholic.org/covid19/#vaccine

We know that some Catholics have might have legitimate concerns about the ethical origins of some vaccines. The Catholic Church, through the Congregation for the Doctrine of the Faith, has declared that the use of such vaccines *does not constitute formal cooperation with abortion*. Therefore, all vaccines which are recognised as clinically safe and effective may be taken by Catholics in good conscience.

See: vatican.va/roman_curia/congregations/cfaith/documents/rc_con_cfaith_doc_20201221_nota-vaccini-anticovid_en.html

The Holy Father, Pope Francis, Pope Benedict XVI, Bishop Vincent, and several other bishops have also been vaccinated.

Of course, any decision regarding vaccines is to be left to the individual and should only be made in consultation with their doctor and health professional.

I encourage you to share these social media tiles with your parishioners, staff, and volunteers.

Yours in Christ,

Very Rev Peter G. Williams
Vicar General & Moderator of the Curia



LET'S DO THIS

Know the facts! COVID-19 vaccines

What is the Delta variant?

The current outbreak in NSW is due to the Delta variant of the COVID-19 virus.

The Delta variant is estimated to spread more than twice as easily as the original virus, which puts your family and friends at greater risk if you are infected. The Delta variant can also cause more severe illness:

- The risk of needing hospital care for people infected with the Delta variant is around double that of those infected with the Alpha variant.
- Compared to other variants, people infected with the Delta variant are more likely to be admitted to hospital, including to intensive care.

What COVID-19 vaccines are available?

Three vaccines are currently approved for use in Australia: the Pfizer (Comirnaty) vaccine and the AstraZeneca (Vaxzevria) vaccine are available now. The Moderna (Spikevax) vaccine will be available soon.

Do COVID-19 vaccines actually work?

Yes! Australia can rely on evidence from around the world showing that vaccines are very effective against COVID-19, including the highly contagious Delta variant.

Two doses of a vaccine:

- Reduces the chance you will be infected with COVID-19 by around 60% - 80%.
- Gives you around 90% protection against hospital admission or death from COVID-19 if you are infected.
- Significantly reduces the overall spread of COVID-19 to others.

COVID-19 is very dangerous and spreads quickly. Even if you don't have symptoms or get sick, you can still pass the virus on to others. Vaccination will protect you and help reduce the spread. Getting vaccinated also helps to protect your family, your friends and your community.

Have COVID-19 vaccines been developed too quickly to be safe?

No! COVID-19 vaccines are built on decades of research, with scientists from around the world working together to ensure no scientific testing or approval steps were skipped.

All the vaccines available in Australia have been approved for use by the Therapeutic Goods Administration (TGA). The TGA checks vaccines for safety, quality, and effectiveness.

I'm young and healthy, do I still need to get vaccinated?

Yes! Over half of those with COVID-19 in NSW are under 40. Many young people have been admitted to hospital and even intensive care because of COVID-19. You should get vaccinated to protect yourself, your family and friends.

COVID-19 spreads easily, and the Delta variant spreads more than twice as easily as the original virus. It can also cause more severe illness in those that get it. Vaccination will help protect you and those you love.

Should I get vaccinated even though I could still catch or spread COVID-19?

Yes! COVID-19 can cause severe disease and death at any age but is particularly risky for older people and those with existing health conditions. Two doses of a COVID-19 vaccine gives you around 90% protection against hospital admission and death from COVID-19 if you are infected. It also helps reduce spread to others.

Severe COVID-19 can lead to a person needing care in hospital, and for some, intensive care is needed. If lots of people need hospital care at the same time it could put a lot of pressure on hospitals and the health system. Vaccination helps to limit the number of people with severe disease who need hospital care, helping to keep hospitals open for those who need them for other reasons.

Are there dangerous ingredients in COVID-19 vaccines?

No! The TGA considers the safety, quality and effectiveness of every component in a vaccine before it is registered for use in Australia. Components in the available COVID-19 vaccines are listed on the Australian Register of Therapeutic Goods. The components vary depending on the type of vaccine but may include:

- a piece of genetic code (mRNA), or
- a very small dose of a weakened virus and a piece of genetic code (DNA), or
- a protein component of the virus
- a substance to boost the immune response (an adjuvant)
- a small amount of preservative
- sterile saltwater (saline) for injections.

None of the COVID-19 vaccines approved in Australia:

- contain egg or animal products
- can affect or interact with your DNA in any way
- contain anything that can track you
- are unsuitable for people based on religious or faith requirements.

Does the risk of a serious side effect mean I shouldn't get vaccinated?

No! All the COVID-19 vaccines approved in Australia have good safety profiles and millions of doses have been given safely, protecting people from COVID-19.

All medicines have possible side effects, but the chance of a severe side effect from a COVID-19 vaccine is extremely low. Compared to the risks of getting COVID-19, the benefits of the vaccines are clear.

The protective benefits of vaccination against COVID-19 far outweigh the potential risks. It is recommended that people 12 years and over get any COVID-19 vaccine available to them as soon as possible. The Pfizer and Moderna vaccines are approved for those aged 12-17 years old, and all three vaccines are available for people aged 18+.

Can I get a COVID-19 vaccine if I am pregnant, breastfeeding, or trying to get pregnant?

Yes! You can get vaccinated if you're pregnant, breastfeeding or trying for a baby. There is no scientific evidence to suggest COVID-19 vaccines affect fertility. If you are pregnant, you should get vaccinated now.

Pregnant women are particularly vulnerable to COVID-19. Vaccination reduces the risk of severe disease and helps to keep you and your unborn baby protected. The vaccine cannot give you or your baby COVID-19.

Will I need to get a 'booster' shot?

Maybe. Studies are underway to better understand how long the vaccines will provide protection against COVID-19, as well as how well they protect against new variants of the virus. This evidence will help to inform whether a booster (or third dose) will be needed to maintain the best possible protection against COVID-19.

How do I book?

Book now online - www.nsw.gov.au

Call to book: 1800 57 11 55 / Telephone Interpreter Service (TIS): 131 450

> Book your COVID-19 vaccination today at nsw.gov.au

LIBRARY NEWS

The following students have completed the NSW Premier's Reading Challenge.

Congratulations to: Grayson Bolwell Krishna Kakade
Antoine Alfafara Jaideen Labo

CLASS LIBRARY DAYS

K Blue	Monday	4 Blue	Wednesday
K Gold	Tuesday	4 Gold	Tuesday
1 Blue	Wednesday	5 Blue	Friday
1 Gold	Friday	5 Gold	Friday
2 Blue	Monday	6 Blue	Thursday
2 Gold	Monday	6 Gold	Friday
3 Blue	Thursday		
3 Gold	Thursday		

Could you please ensure your child uses a library bag to help protect our precious library books.
Library Bags are to be purchased from the office at a cost of \$10.00.

Mrs Kersivien
Teacher/Librarian

SPORTS UNIFORM DAYS

Infants		Primary	
K Blue	Thursday & Friday	3 Blue	Friday only
K Gold	Thursday & Friday	3 Gold	Wednesday only
1 Blue	Thursday only	4 Blue	Thursday & Friday
1 Gold	Wednesday only	4 Gold	Thursday & Friday
2 Blue	Thursday only	5 Blue	Thursday only
2 Gold	Wednesday only	5 Gold	Wednesday only
		6 Blue	Wednesday & Friday
		6 Gold	Wednesday & Friday

TERM 3 & TERM 4 CALENDAR

**** as instructed by NSW Health as of 27 August 2021 with Level 3 Covid restrictions**

End of Term 3	17 September	Remote Learning until end of Term 3
Start Term 4	Tuesday 5 October	Remote learning – all years
Kindy & Year 1	From 25 October	Face to Face learning
Years 2 & 6	From 1 November	Face to Face learning
Years 3, 4 & 5	From 8 November	Face to Face learning

SCHOOL FEE BILLING

Term	Approximate Date of Billed Invoice	Fee Due Date
4	12 October 2021	11 November 2021



PATRICIAN BROTHERS'
COLLEGE, BLACKTOWN



ENROL NOW

YEAR 7 2022/2023

Enquiries on 8811 0300

<https://bit.ly/3zS6AhK>

100 FLUSHCOMBE ROAD, BLACKTOWN

Fine young men striving for personal excellence centred in faith

ASSEMBLY

Every Monday morning, we begin the week with an Assembly. The whole school gathers to pray our School Prayer, which was composed by one of our students many years ago. We begin each day in the classrooms with this prayer which is led by one of our student leaders over the PA system.

OUR SCHOOL PRAYER

Dear Father

Thank you for bringing us safely to St John Vianney's today.

Please bless our families, friends and teachers.

Help me to make today a nice day for myself and everyone I meet.

Through Christ, our Lord. Amen.

ADMINISTRATION OF AD HOC PRESCRIPTION & NON-PRESCRIPTION MEDICATION

In line with CEDP Policy & Procedures on the Administration of Medication during school hours, if your child requires the administration of any ad hoc medication (i.e. temporary medication), a "Request for the Administration of Prescription & Non-Prescription Medication" form will need to be obtained from the School Office and completed by the parent / carer and submitted together with *supporting documentation from the doctor regardless of prescription or non-prescription medication*. This includes over the counter medication such as paracetamol, aspirin, ibuprofen, anti-histamines, creams for allergies and alternative medicine. For prescription medication (e.g. antibiotics) the original packaging / container with an attached prescription pharmacy label constitutes such authority, alternatively a letter from your child's GP is required to be submitted with the form.

NO MEDICATION is to be in your child's school bag. All medication must be given to the office staff for safe keeping and recording purposes.

Please note that without the supporting documentation, the School will not administer any medication.

THIS DOES NOT APPLY TO THE FAMILIES WHO HAVE RETURNED THE ALLERGY & ASTHMA PLANS, WITH SUPPORTING DOCUMENTATION AND MEDICATION, EARLIER THIS YEAR.

The Asthma Action Plans and Anaphylaxis ASCIA plans are requested to be reviewed yearly by the parents. Please inform the School Office if your child's medication changes during the year.

KEEP US INFORMED

If you have changed your address, email address or phone numbers, please update via the Skoolbag App or contact the school office for a Change of Details form as soon as possible. It is important to have ALL contact details up to date for our records to ensure we can contact you when necessary.

VISAS

If you or your child have been on a visa and the status of that visa has changed, please advise the school office as soon as possible so that your records can be updated.

CLOTHING POOL

We accept donations for 2nd hand clothing. Please bring your unwanted uniforms, washed, to the School Office. If you wish to purchase second hand clothing, please contact the School Office to enquire about stocks and sizes.

HELPFUL LINK

Families might be interested in the following program that has been designed to help children who have been targets of bullying and who have high levels of anxiety:

https://coolkidstakingcontrol.com.au/?fbclid=IwAR3GSUcco5bm6G4Byp5ipVg-fnUqTD_oSpfnp-HZDYroomxB86Zw4zDoX8U

SUPERVISION

Morning supervision starts from 8:30am. Please ensure that your child is NOT at school before 8:30am as there is NO supervision before this time. School finishes at 3:00pm and children should be picked up promptly. Afternoon supervision in the amphitheatre finishes at 3:30pm.

If you are running late, please contact the School Office on 8869 6300 so that we may inform your child.

REQUESTS FOR COPIES OF REPORTS

Many families are submitting applications for their child to attend high school and the office has had a number of requests for photocopying of reports already provided to the parents i.e. NAPLAN and Semester 2 reports.

As per school policy, there will be a \$5.00 per report charge for any copies the office is required to make. We ask that you give our office staff time to complete this request with either an email notification or via telephone.

PARENTS & FRIENDS NEWS

2021 P&F Committee

President	Teneile Shaw
Vice President	Amani Elfar
Secretary	Lisa Mangion
Treasurer	Maryanne Vella

General Committee Members

Lisa Cutajar
Amanda Khattar

MERIT CERTIFICATES

No Merit certificates will be issues until normal Classes resume.

SCHOOL ATTENDANCE

EVERY LEARNER, EVERY DAY!

- ◆ School attendance plays a critical role in enhancing the lives of students in schools.
- ◆ Every day of attendance adds to a students' academic achievement and success at school.
- ◆ If a student is not at school, they can't be part of the learning.
- ◆ A student who is consistently late to school misses the learning too!
- ◆ School attendance is compulsory for every school age student.

It's OK to **NOT** be at school if you are sick or there is some kind of disaster ...but it is not OK to be away because you slept in, didn't feel like coming to school, went shopping, met up with friends.

At St John Vianney's we are monitoring school attendance as one part of building your child's success at school. We will communicate with you if we become concerned about your child's attendance.

Parents can help by promoting the importance of school by:

- ✓ ensuring your child attends school every day
- ✓ arriving at school punctually (school begins at 8:55am)
- ✓ leading by example ... be organised and ready

We are keen to support parents in developing and consolidating good attendance habits in every student.

ABSENT FROM SCHOOL

The Education Act (1990) clearly states that parents have a responsibility to ensure that children attend school regularly and must provide an explanation for any absences. If your child is away from school could you please advise the office via phone, email or the Skoolbag App by 9:30am on the day they are absent.

APPLICATION FOR EXTENDED LEAVE

Parents, as you know, it is very important that children attend school every day. Quite often leave is requested by parents for various reasons. While we understand that this may be necessary sometimes, it is not encouraged. **Every school day is important for every student.**

If you intend taking your child out of the school for **five days or more** you must make a formal application to the Principal in writing and complete the '**Application for Extended Leave**' form which is available from the school office. The application must be **submitted at least 4 weeks prior to the expected leave** or earlier if possible.

It is important for parents to know that, depending on circumstances, this leave may not be approved.

Each application will be considered on an individual basis and could depend on circumstances such as the intention for the leave, your child's attendance and the impact the leave may have on your child's academic progress.

These regulations are in place in all schools in the Parramatta Diocese to make sure that all students have the best opportunity to achieve to their full potential. We appreciate your support and understanding of these requirements.

IMPORTANT INFORMATION

ANAPHYLAXIS LIFE THREATENING ALLERGY

Dear Parents,

Schools cater for many differences that children present academic, emotional, social and health issues.

Throughout our school we have children with life **threatening allergies**. This is a serious matter, one that the school must address. Therefore we appeal to all parents to assist us in caring for these children by considering the type of foods you pack for your own child's lunch.

Our aim is to minimize the amount of **peanut** and **nut** products brought into the school and avoid all foods that contain **nuts**. These foods are extremely dangerous to our children with allergies. Common foods that trigger an allergic reaction are listed below and we ask that they **not** be brought to school **any time**.

Peanuts: include M&M peanuts, cashews, hazelnuts, almonds, walnuts and all tree nuts

Peanut butter

Nutella

Sesame seeds remember some bread rolls have sesame seeds on the including some McDonald's hamburger buns

Food that contain satay e.g. Thai, Malaysian, Indonesian dishes

Egg

In the case of a child bringing a nut product to school, teachers will bring the matter to the attention of parents.

If peanut or nuts are **not** on the ingredient list of a particular packaged food but the food has the statement:

"May Contain Traces of Nut ..."

this food may be brought to school and consumed only by **non-allergic children**.

Due to safety concerns, **we discourage children from sharing food**. We would also appreciate parents speaking with children regarding this matter.

We thank you for helping us provide a safe environment for all our children.

COMMUNITY NEWS

KINDERCARE LEARNING CENTRE BEFORE and AFTER SCHOOL

PICKUP & DROP OFF DAILY SERVICE

Kindercare Learning Centre located in Doonside is a privately owned centre offering a variety of services including Long Day, Before & After School Care and Vacation Care for ages 0-12 years. Full Government subsidy and eligibility offered.

Our centre is open 7am to 6pm all year round.

Our Before School Care operates from 7.00am – 8.45am.

Our After School Care operates from 3.00pm to 6.00pm.

For further enquiries, or to make the switch please contact Jackie De Abreu on (02) 9622 8214 or visit our website www.kindercare.com.au